

BE CAREFUL WHAT YOU TELL YOURSELF.

“Our thoughts matter because they influence our words,
which influence our actions, which influence our habits,
which in the end create a destiny.”

⁷ As a person thinks in his heart, so he is.

Proverbs 23:7

“Our experiences inform our narratives, and our narratives inform how
we view and interpret the world. Our narratives create excuses. “

MAJOR IDEAS IN PAUL’S DAYS.

- There's no morality that everybody subscribes to.
- Whoever has the might makes the rules and that becomes right.
- The gods determine the fate of the individuals.

HOW DO I CHANGE MY NARRATIVE?

- **Recognize and then capture those destructive thoughts.**

³ We are human, but we don't wage war as humans do. ⁴ We use God's mighty weapons, not worldly weapons, to knock down the strongholds of human reasoning and to destroy false arguments. ⁵ We destroy every proud obstacle that keeps people from knowing God. We capture their rebellious thoughts and teach them to obey Christ.

2 Corinthians 10:3 - 5

Romans 12:2

- **Wage war on flawed conclusions based on false assumptions.** 2 Corinthians 10:5
- **In our thinking processes there needs to be 2 bins.**
 - Truth
 - Trash
- **The difference between a buzzard and a hummingbird.**
Psalm 104:34; Matthew 7:24 – 25
- **A wrong, incorrect narrative will cause you to become your own worst enemy.**